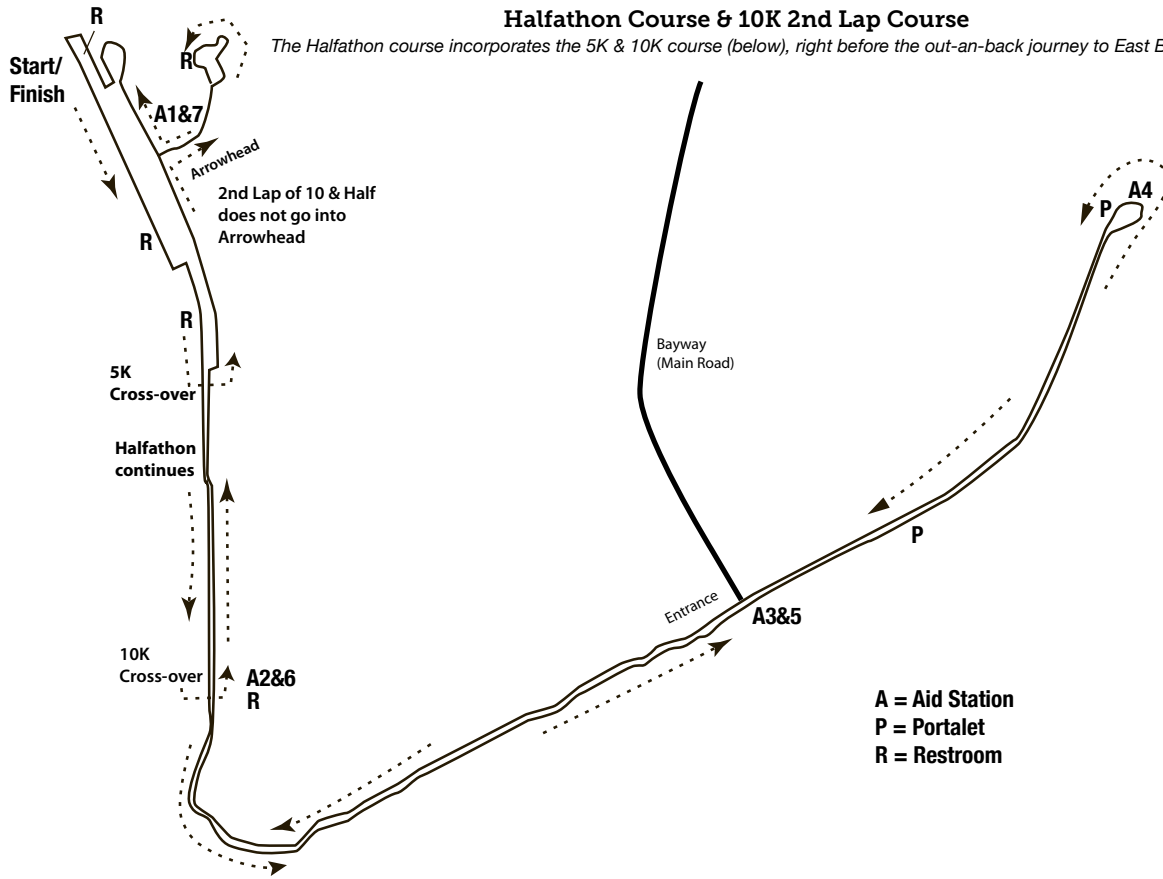


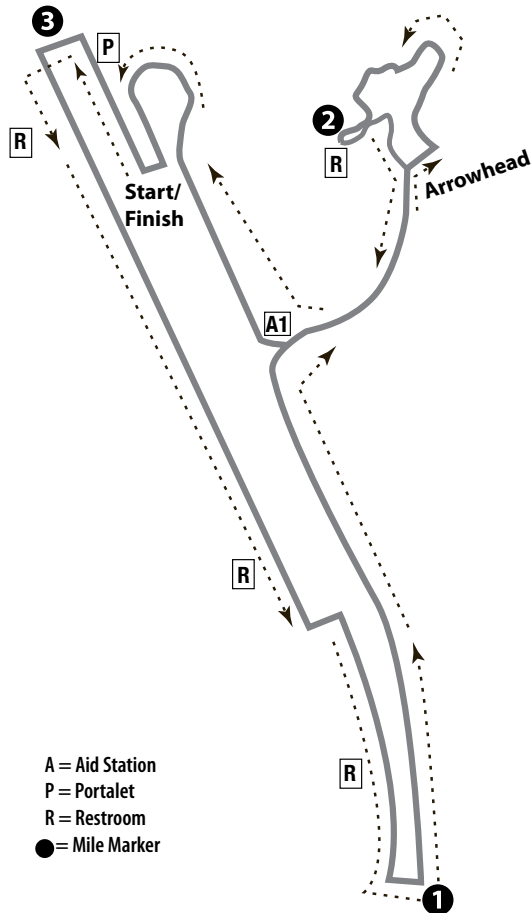
Halfathon Course & 10K 2nd Lap Course

The Halfathon course incorporates the 5K & 10K course (below), right before the out-an-back journey to East Beach



A = Aid Station
P = Portalet
R = Restroom

5K Course/10K 1st Lap Course



A = Aid Station
P = Portalet
R = Restroom
● = Mile Marker

★ Aid Stations

- 1 aid station for the 5K, at about mile 2.4.

- 4 aid stations for the 10K: mile 2.5, 4.2, 4.3, 5.4

- For the halfathon, 8 aid stations spread throughout the course at about miles 2.3, 4.2, 6.2, 7.5, 7.8, 9.5, 11.2, 12.3

All stations will be stocked with water and Gatorade.

Fresh Florida oranges are available starting at mile 4.5.

All aid stations will have Vaseline.

Athletes who feel our aid stations are insufficient are welcome to



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